

Helping Injured People Since 1947



HOLIDAY GREETINGS

*Galfand Berger Wishes
You and Yours a
Happy, Healthy Holiday Season*



HEALTH AND SAFETY



W.A.T.C.H. Releases Top 10 Worst Toys List of 2022

Many parents feel the increased pressure that kicks in each year during the holiday season, while frantically shopping for the most popular toys. It can be easy to overlook the reality of dangerous toys this time of year. Toy safety has been a national concern for decades, and it remains the mission of World Against Toys Causing Harm, Inc. (W.A.T.C.H.).

According to W.A.T.C.H., toy safety continues to be a top concern.

[Read our blog to learn more.](#)



Hair Straightening Chemicals Increase Uterine Cancer Risks

A recent medical study found a link between hair straightening products, or relaxers, and women's chance for developing uterine cancer. The study, published by the Journal of the National Cancer Institute, is not the first to demonstrate the concerning connection between certain types of hair care products and cancer. The study's researchers also highlighted how the findings may carry even more weight for Black women, who report being some of the product's top consumers.

[Read our blog to learn more.](#)



Children's Health: How to Tell the Difference Between a Common Cold and Something More Serious

According to the American Academy of Pediatrics (AAP), almost all children will have RSV, or respiratory syncytial virus, by the time they are 2. For most infants and children, RSV presents like a common cold with minor complications. But for some, respiratory syncytial virus causes potentially life-threatening symptoms. In this article, we take a closer look at how parents and caregivers can determine the difference between a minor case of RSV and one that warrants a trip to a medical professional.

[Read our blog to learn more.](#)



American Heart Association Updates Cardiovascular Health Checklist

"Life's Essential 8" is the American Heart Association's (AHA) heart health checklist; it contains eight key elements that a person can follow to maintain and improve their cardiovascular health. The Centers for Disease and Prevention (CDC) estimate that one person dies every 34 seconds from cardiovascular disease, making it the leading cause of death for American women and men alike. Taking steps to lower risks for developing cardiovascular disease is one of the best moves a person can make to protect their heart.

[Read our blog to learn more.](#)

[To learn more about Medical Malpractice, click here.](#)

WORKPLACE INJURIES



OSHA's Newest Top 10 Workplace Hazard List

Every year, the Occupational Safety and Health Administration, or OSHA, releases its own top ten list, except this one takes a look at the safety standards that employers most frequently violate in the workplace. Just a few weeks ago, the agency released its preliminary figures for the fiscal year 2022, and the usual suspects from previous years are again topping the list.

[Read our blog to learn more.](#)



What Does Withdrawal From the Labor Market Mean in Pennsylvania?

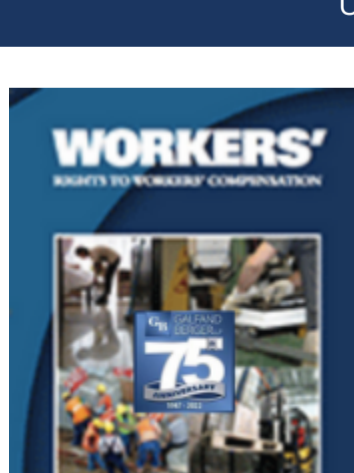
One of the often-unforeseen issues that arise in the Pennsylvania Workers' Compensation system is the concept of "withdrawal from the labor market." Withdrawal from the labor market can take several forms, but the most frequent occurs when an injured worker on Workers' Compensation benefits "retires." If it is determined that an injured worker "retired" or voluntarily removed themselves from the labor market, their Workers' Compensation benefits may be terminated.

[Read our blog to learn more.](#)

[To learn more about Workers' Compensation, click here.](#)

WORKERS' COMPENSATION

Understanding Your Rights



This book clearly and concisely explains injured workers' rights and responsibilities under the Pennsylvania Workers' Compensation Act. It was written with the hope all injured workers in Pennsylvania will receive the rights promised to them in the event of a work-related injury.

[Download your copy today.](#)

GALFAND BERGER PROVIDES USEFUL RESOURCES AND VIDEOS FOR MANY OF OUR PRACTICE AREAS.

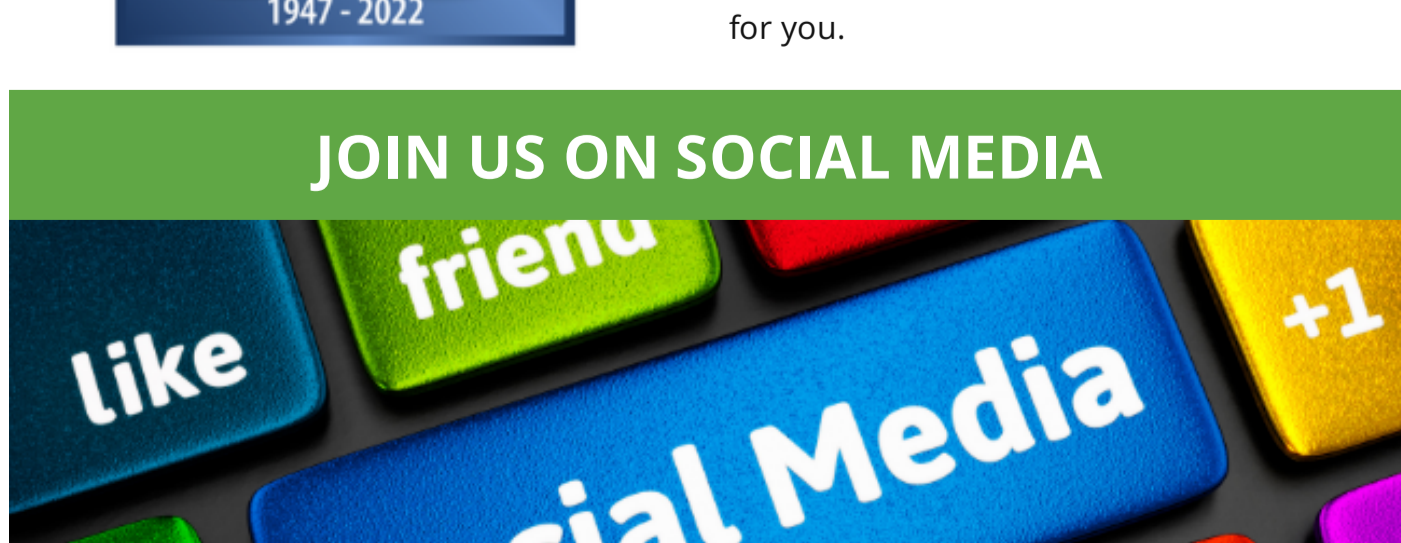
To learn more about them, visit www.galfandberger.com/resources or watch our videos, here: www.galfandberger.com/videos



Call us today at **800-222-8792** or [contact us online](#) to schedule a free, private consultation with our experienced legal team.

If you or a loved one has been injured, we may be able to help get the justice and compensation you and your family deserve. As always, there is no fee unless we recover for you.

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